

Shade Plants Prove Touchy

Shade is such a variable thing that the gardener must pick and choose with care when he plans to grow something in it. In deep shade, for instance, he will find that many "shade loving" plants sulk unhappily. Those that should bloom won't and those with normally luxuriant foliage grow dull and spindly.

One shrub that will take any degree of shade, however, is Aucuba. Filtered shade, high shade, dense shade—it's all the same to this most useful garden shrub. It even grows in sun, but not happily, as the leaves will burn under a direct solar blast.

Aucuba is not a blooming shrub, but one to be grown for the glossy green of its foliage and the brilliant red of its berries in late fall and winter. These large, ovate berries seem almost artificial, so bright and perfect are they. They are produced only on female plants, however, and a male shrub must be included in the planting to make the females fruitful.

The Aucuba most easily spotted in California gardens is the Gold Dust Plant, a speckled beauty that stands out in any planting. Strange to say, it is not the most commonly grown, however, since many gardeners prefer the rich solid green of others in the family. The California Association of Nurserymen suggests mixing the two forms.

Further variety is to be found in a dwarf, solid-green Aucuba, which fits smaller spaces than its larger counterpart (which grows to six or eight feet eventually.) And in addition to the Gold Dust Plant, another variegated form is available, the leaves of which have yellow centers and green margins.

While Aucubas are easy to grow almost any soil, ample water is necessary. They are almost bog plants, tolerating permanently wet and poorly drained soils. Don't worry about feeding, either. Aucubas maintain their healthy good looks on a diet that

Torrance Firm Represents Equipment in Product Show

The M. Neushul Company of Torrance has been selected to be the representative of "Material Handling Equipment" in the Los Angeles Chamber of Commerce New Product Show. The exhibit will feature selected organizations representative of all aspects of Southern California economy.

The exhibit, Sept. 7 and 8 at the Ambassador Hotel, will show Neushul's new ideas and designs of carts and floor trucks for transporting equipment and supplies.

Industries and institutions are constantly looking for ways of cutting costs and improving production efficiency. This, plus the realization that the movement of materials and equipment within a plant represents the most costly

would starve many another shrub. Other shrubs should be so easily grown!

form of transportation employed by the company, has created a demand for Neushul carts and floor trucks.

Neushul fabricates its equipment of entirely of aluminum for minimum weight and maximum strength, using specially designed extrusions, forgings, and castings.

Neushul's carts and floor trucks are equipped with unique controls which permit the vehicles to track correctly in either direction, turn in their own length or move sideways and park in any space large enough to accommodate their length.

The Neushul Company also manufactures its own casters for use in its industrial and institutional "materials-handling" systems. These are available separately for a wide range of applications.

Use classified ads for quick results. Phone DA 5-1515.

Parents Form Speech Clinic Support Group

Parents whose children attend facilities of the Lakewood Speech Clinic met recently to form an organization known as the Lakewood Speech Clinic Parent's Group. The organization will have an affiliate membership with the California Association for Neurologically Handicapped Children.

The purpose of both groups is to establish, maintain, operate, assist in and support charitable, scientific and educational activities for and on behalf of neurologically handicapped children.

Officers elected were President Floyd Hopper, Vice President Marianno Gondolfo, Secretary (recording) Kitty Lemuth, Secretary (corresponding) Betty Stream, Treasurer Bob Johnson.

Chairmen: legislative, Creyton Maurcaux; publicity, Tom

James Allen Selected to Attend Loan Class

Robert Cripe, manager of the savings department, Crenshaw Branch, and James C. Allen, manager of the loan servicing department, Great Western Savings and Loan Association, have been selected to attend the second-year class of the Savings and Loan School for Executive Development, Sept. 3 to 15, at the University of Washington in Seattle.

This year's classes at the Savings and Loan School will be attended by 108 junior executives and employees from associations throughout the United States. Of these, 67 will be first-year students and 41 second-year students.

Fisher; program, Evelyn Waldo; ways and means, Joan Hopper; membership, Clara Reed; and hospitality, Lorraine Musser.

The Lakewood Speech Clinic has grown from a small facility organized in October 1955 to a comprehensive language development center for children and adults.

The clinic was formed primarily to meet the ever-growing need for language training of children and adults with an organic basis for their deficiencies. This training includes facets of verbal language, reading, writing and arithmetic.

Engle Heads Special Senate Committee

Senator Clair Engle (D-Calif.) will preside at field hearings of Subcommittee of the Senate Special Committee on Aging to be held in Los Angeles Oct. 24.

The Senator said the hearing will cover Federal and State activities in the field of aging and that state officials, organizational representatives and senior citizens themselves will be invited to testify.

Engle said the morning hours will include testimony from California officials in charge of programs affecting older citizens and from spokesmen for organized groups of seniors.

In the afternoon, acting on behalf of the full Senate Committee of which Senator Pat McNamara (D-Mich.) is chairman, Engle will hear testimony of individual citizens themselves.

"I want to hear what our senior citizens themselves have to say about what they think is the proper role of government in dealing with the multitude of problems that confront our older people," he said.

"Of course we value the testimony of expert witnesses working in the field," Senator Engle said, "but we also want to talk to senior citizens themselves."

Engle is California's representative on the Senate Special Committee on Aging which was established earlier this year.

Further details on the time and place of the Los Angeles hearing will be announced in the next few weeks.

While most of the students are from Western States, two are from the East Coast, nine from the Mid-West and one each from Hawaii and Alaska.

The school is one of two such institutions in the United States sponsored by the American Savings and Loan Institute of Chicago. The other was established this year in Atlanta, Georgia. This is the third year that the Seattle school has been in operation.

Nine of the twelve faculty members of this year's staff are from the University of Washington. The other three are Dr. Arthur R. Upgren, Macalester College, St. Paul, Minnesota; Prof. Edward E. Edwards, University of Indiana; and Dr. Robert Harvey, University of Illinois.

Classes at the school will be supplemented by evening panel sessions to hear leaders in the savings and loan industry.

Dr. Charles E. Peck of the Business Administration staff at the University of Washington, is director of the school.

Allen lives with his wife and children at 2501 West 178th Street, Torrance.

Health Officer

(Continued from Page 2C) of water. Coffee or a teaspoon of aromatic spirits of ammonia may be given as a stimulant. Unless the individual makes a swift recovery, a doctor should be called.

With a little care these extreme reactions to hot weather may be avoided, and one of the best preventives is very easy to take as it consists of doing as little as possible. If it is necessary to go out in the sun for more than a very brief period a light broad-brimmed hat should be worn, but any type of head covering is better than none at all. Clothing should be light in weight and loose fitting.

Well-balanced meals are necessary for good health at any time of the year, but most people will feel better if they eat less at mealtimes during excessively warm summer days. If lighter meals do not satisfy hunger, wholesome snacks may be eaten.

The average person loses about two quarts of water and nearly an ounce of salt from his body on a real hot day, and these substances must be replaced in order that the body's air-conditioning system may function effectively. This is why an individual feels more comfortable on hot days if plenty of water or fruit juice is consumed and an extra pinch of salt is added to food.

This small amount of salt is usually enough, although individual doing hard labor or strenuous exercise will require more. Active children may also need a little more, which can be taken in the form of a few salted crackers or nuts.

It is always advisable for individuals with heart or kidney trouble to get medical advice before taking more salt than is ordinarily allowed in the diet.

Cleanliness is more than ever important when the weather is uncomfortably warm. Daily bathing with tepid water is the established custom in many tropical countries, and its cooling effect is beyond question. It also has the additional advantage of keeping the skin clean and so permits more efficient functioning of the body's cooling system.

Quite a few people never feel too fit during the hot weather. They not only look and feel uncomfortable but also lack energy. This is not altogether an imaginary state, as some persons are more heat-susceptible than others. Nevertheless, sensible adaptation to hot weather usually results in a lessening of discomfort and a feeling of greater well-being. In any event, such measures help the individual to endure the heat at less cost to himself.

A pamphlet on hot weather comfort will be mailed to anyone who sends a card of request to the Division of Health Education, Los Angeles County Health Department, 241 N. Figueroa St., Los Angeles 12.

CELEBRATION
Celebrating with a seafood dinner at Marineland Restaurant recently were Arthur H. Gardiner and his daughter, Ingrid Bergman to say, "At a play I concentrate on things I can learn to improve my acting, but the circus is beyond my capacity — so I relax and enjoy it!"



FOOD GIANT DOES IT AGAIN! SENSATIONAL SAVINGS! GREATER SPECIALS!

CHB JAMS & JELLIES 29¢
ASSORTED FLAVORS 16-OZ. JAR

Laura Scudder
PEANUT BUTTER 39¢
16-OZ. JAR INCLUDES 6¢ OFF LABEL

HILLS BROS. COFFEE 39¢
lb

U.S.D.A. GOV'T GRADED "CHOICE" OR FOOD GIANT'S "BANQUET PERFECT"
7-BONE or CHUCK ROASTS 39¢
U.S.D.A. GOV'T GRADED "CHOICE" OR FOOD GIANT'S "BANQUET PERFECT" BONELESS
CROSS RIB ROAST 69¢
"CHOICE" OR "BANQUET PERFECT" RIB STEAKS 89¢
"CHOICE" OR "BANQUET PERFECT" CHUCK STEAKS 49¢
"CHOICE" OR "BANQUET PERFECT" RIB ROAST 79¢
STRICTLY FRESH FILLET OF DOVER SOLE 69¢

FISHER'S, for the most delicious pancakes you have ever tasted. They're so quick and easy to prepare.
PANCAKE MIX 2 LB. 29¢

DOWNEYLAKE makes 'em light, crisp and tasty too. Makes every breakfast something special. 8-count packages
FROZEN WAFFLES 2 PKGS. 25¢

KNOTT'S BERRY FARM delicious drinks of boysenberry-grapefruit, grapeade, Calif. fruit or boysenberry, 29 oz. cans
FRUIT DRINKS 3 FOR \$1

KITCHEN CHARM, for a hundred and one uses around the house. 100 Ft. Roll.
WAXED PAPER 17¢

POST **ALPHA BITS 29¢**
REG. SIZE PKG.

BETTY CROCKER **TRIX 29¢**
REG. SIZE PKG.

KELLOGG'S **FROSTED FLAKES 29¢**
REG. SIZE PKG.

GOLDEN RANCH WHITE OR WHEAT BREAD 19¢
REG. SIZE LOAF

C&H PURE CANE SUGAR 49¢
5 LB. BAG

KIDDIE TV TRAY \$1.29

BOB'S FAMOUS **SALAD DRESSING**
16-OZ. BOTTLES OF YOUR CHOICE
3 FOR \$1
4 GIANT SALE DAYS THURSDAY THROUGH SUNDAY SEPTEMBER 7-10

LAKE COUNTY BARTLETT
PEARS 2 LBS. 25¢
ITALIAN FRESH **PRUNES 2 LBS. 25¢**
LA GRANDE **NECTARINES 2 LBS. 25¢**

DISTILLED FROM 100% GRAIN
SARNOFF VODKA \$2.98
FULL FIFTH



IN SAN PEDRO 28849 Western Ave.
IN NO. TORRANCE 4848 W. 190th at Anza

IN GARDENA 14990 Crenshaw Blvd.
IN HAWTHORNE 423 So. Hawthorne Blvd.

IN MANHATTAN BEACH 2400 Sepulveda Blvd. at Main
IN TORRANCE 3731 Pacific Coast Hwy.

LIMIT RIGHTS RESERVED